

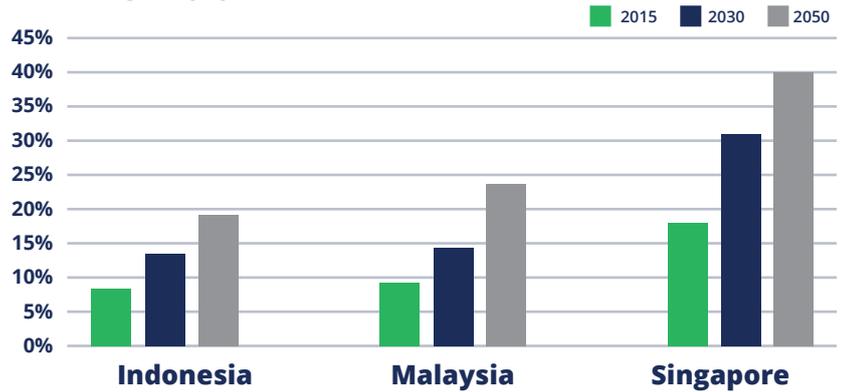
JUST CAUSE

AGEING IN INDONESIA, MALAYSIA AND SINGAPORE

GIVING GUIDE

INDONESIA, MALAYSIA AND SINGAPORE ALL FACE AN INCREASINGLY AGEING POPULATION

Percentage of population over 60 (forecast)¹



WHAT ARE THE KEY ISSUES?



Active ageing
Staying active and healthy, and tackling stigma



Financial security
Meeting rising healthcare costs with low savings



Mental wellbeing
Managing isolation and staying mentally active

Ageism is rampant. Society must be more inclusive, which will allow the building of a brighter future for older people.

Dr. Mary Ann Tsao,
Chair, Tsao Foundation

Nearly

1 in 10

elderly people below the poverty line in Indonesia²

More than

7%

of elderly people across the three countries live alone³



Dementia
Handling the huge burden of care



Long-term care
Meeting physical, social and emotional needs



End of life planning and care
Alleviating suffering and tackling taboos

1mn

people in Indonesia suffer from dementia (2015 estimate)⁴

Around 15% of low-income elderly people in need can access appropriate long-term care.

Dr. Makmur Sanusi,
Vice Chair, Lembaga Lanjut Usia Indonesia (Indonesian Older Person Foundation)

We don't have enough geriatricians, palliative care physicians, or occupational therapists in the country to cope with the increasing demand.

Professor Nathan Vytialingam,
Dean, Perdana University School of Occupational Therapy, Malaysia

IF JUST CAUSE HAD A MILLION DOLLARS...



There are many things we would like to do, but perhaps our priority would be to fund an organisation in Indonesia, where we feel there are the greatest unmet needs out of the three countries that we have reviewed.

Within Indonesia, there are very few non-profit organisations explicitly tackling any of the issues relating to ageing. We would love to see some of these trailblazers professionalise and further scale up their impact. For example, Alzheimer's Indonesia, which has been a leading light in championing the issue of dementia to the general public and policymakers, as well as developing much-needed models of caregiver support.

We would provide multi-year core funding, coupled with strategic advice and support to help the organisation reach even greater heights.



This note was based on an in-depth review of giving opportunities to support ageing and eldercare needs by Just Cause. Full report available at www.justcauseasia.org/giving-guide-ageing. Contact us at info@justcauseasia.org

Sources: ¹UN DESA (2015) ²UNFPA Indonesia (2014) ³International Longevity Center, Tsao Foundation (2014); National Population and Family Development Board, Malaysia (2016); UNFPA Indonesia (2014) ⁴Alzheimer's Disease International (2014). Full source list available here.